

Introductory Information

- **Online Scheduling**
 - Use the “**Acuity Scheduling Client**” app or go to www.michaelrehl.com to make, view, change, cancel and reschedule appointments. If you go to the website, click the “**Schedule Online**” link on the top right. If you want to use the app, you will find instructions for using the app in any appointment confirmation email.
 - If the schedule looks booked up and you can’t find a time that works for you, please call us. We can sometimes unlock other spots in the schedule to fit you in.
 - **Read the No Show and Late Cancellation policy** in our Office Policies to avoid fees.
- **Contact Us**
 - You can text us at [929-459-5252](tel:929-459-5252) or call us at [925-330-3326](tel:925-330-3326). Add us to your contacts.
 - We send appointment reminders from a different number. Please make sure to confirm your appointments.
- **In Case of Illness**
 - **If you think you are getting sick, please notify the office as soon as possible and do not come in.** NRT appointments can be done over the phone for your convenience.
 - Please follow CDC guidelines for isolation periods due to travel or COVID-19 exposure. If you have any questions, just call or text us to verify it’s ok to come in.
- **The Office**
 - **Please follow CDC Guidelines and posted signs** in the waiting area and treatment room to protect the health of everyone who comes to the office.
 - The office is an “allergy-free” zone. Please refrain from wearing strong perfume, cologne, hairspray, or fabric softener on the day of your appointment.
 - Unopened supplements may be returned for credit or refund if returned within a reasonable time (i.e. 1-2 months after purchase).
 - OrthoMolecular supplements have a 100% money-back guarantee. You can return any OrthoMolecular supplement if you don’t like it or it causes a problem.
 - If we are running 15 or more minutes late, we will try to notify you via text as a courtesy.
 - **We prefer cash or checks**, but we do accept credit cards. Thanks for helping us save on credit card fees.

- **Your Visits**

- Remember to **bring ALL your current supplements purchased from elsewhere** to your nutrition appointments.
- **To maximize the efficiency of your visit, please let Dr. Rehl know all concerns, questions, new complaints, or areas that need attention at the beginning of the session.**
- After starting chiropractic or nutrition response testing, **a few patients may occasionally feel a temporary “worsening”**, feel “off” or “sick”. For example, they may feel soreness, fatigue, malaise, or possibly a headache. Sometimes, when the body releases waste products during the healing process, it can cause these symptoms. If you are concerned, please call or text us when this happens.
- It can take several sessions to integrate things. Please don’t give up! If you are experiencing symptoms like those above, please contact us to discuss what’s going on so we can address it.
- Schedule your Chiropractic and/or Nutrition Response Testing visits early to manage your symptoms before things get chronic or acute. It is easier and more affordable to catch and treat conditions earlier.
- **Children of all ages are welcome as patients** (kids need to get checked too!). Also, your kids can be here while you are in a session. If you need help watching your child just let us know.

- **Learn About Us**

- **Please visit our website www.michaelrehl.com** to learn more about Dr. Rehl, Nutrition Response Testing, Chiropractic, Kinesiology and more!
- Check out our **testimonials on Google and Yelp** to see the different kinds of work we do and our results!
- **Like us on Facebook and Instagram!** Search for “Rehl Chiropractic.”